

# THE TRUTH ABOUT

# CODE STATUS & CPR



"Code Status" refers to the doctor's order for Cardiopulmonary Resuscitation (CPR). CPR is the method used to attempt to restart your heart if it stops beating. It is the first stage of death.

## CARDIOPULMONARY RESUSCITATION (CPR)

CPR consists of a combination of chest compressions, electric shocks, ventilation and medication in an attempt to restart your heart.

## RESUSCITATION OUTCOMES

Surviving CPR with good outcomes depends on age and illness. Younger, healthy patients have a 25% chance of survival. Older, sicker patients may have less than a 1% chance of survival.

If you're having a medical emergency, we have lots of ways to keep you safe, even if you become very sick.

We can bring you to the hospital

But if your heart stops pumping, do you want CPR?

LIVING

LIVING

We can give you medicines

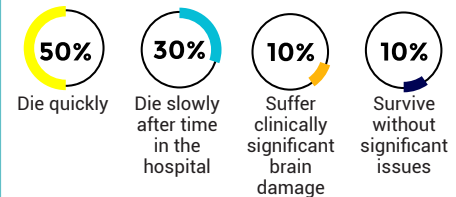
We can even put you on life support in the ICU

HEART STOPS PUMPING

CPR?

## 5 MINUTE WINDOW

When a patient's heart stops beating in the hospital (cardiac arrest), on average:



DEAD

