

# ARE YOU PREPARED TO SPEAK FOR YOURSELF?

When a medical emergency happens, critical decisions have to be made concerning your medical care. **What happens if you can't speak for yourself?** In those unfortunate cases, hard decisions must be made by your loved ones and your medical team—without your input.

Completing the Nebraska Emergency Treatment Orders (NETO) form with your doctor and family allows you to make critical medical treatment decisions ahead of time – such as if you want CPR if your heart stops. And the decisions you make are actionable for all emergency medical staff and response teams.

Follow Bob through his healthcare journey and see how completing a NETO form allows you to **speak for yourself**.



## MEET BOB

Bob is 75. He's married with 1 adult child and 3 grandchildren. Bob has some serious health problems.



## BOB AND HIS FAMILY TALK TO HIS DOCTOR

Bob, his family and doctor talk about his values and what medical treatments are appropriate considering his serious illness.



## BOB COMPLETES A NETO FORM

Bob and his doctor create a plan using a Nebraska Emergency Treatment Order (NETO) form.



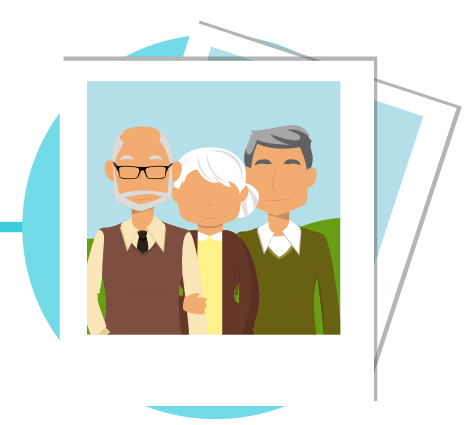
## EMS TAKES BOB TO THE HOSPITAL

Since Bob is unable to speak for himself, the NETO form helped guide his EMS care. Bob's family isn't burdened with having to make these difficult decisions.



## BOB'S HEALTH CHANGES

As Bob's health changes, he and his family can re-evaluate Bob's NETO decisions with his doctor and create a new NETO form.



## BOB'S FAMILY IS SECURE

Bob and his family are happy that his treatment matched what he wanted at every stage of his illness. Completing the NETO form allowed Bob to "Speak for Himself."

